



Smart Health



Get unlimited access to a 24/7 online GP as well as a range of other health and wellbeing experts

Smart Health offers a suite of six services; from on-demand consultations with UK based GPs to a nutrition consultation service.



24/7 online GP

Managing your health doesn't always fit in to the 9-5. That's why when you need a medical appointment, the Smart Health service provides you with unlimited, round the clock access to a GP.

Bookable on the app, you can get a 30 minute slot at a time that suits you - wherever you are in the world. Whether it's over the phone or via video call, the team are on hand for medical advice, prescriptions or further specialist referral.



Best Doctors®

If you need a second opinion on a complex medical case or if you're struggling to get a diagnosis, world-leading experts will be on hand to assess your case and provide recommendations for treatment on a wide variety of conditions.



Mental health support

The dedicated team of support staff are available to provide the right support strategy and treatment. They'll talk to you to get to the bottom of your condition and then recommend the right solution for you.

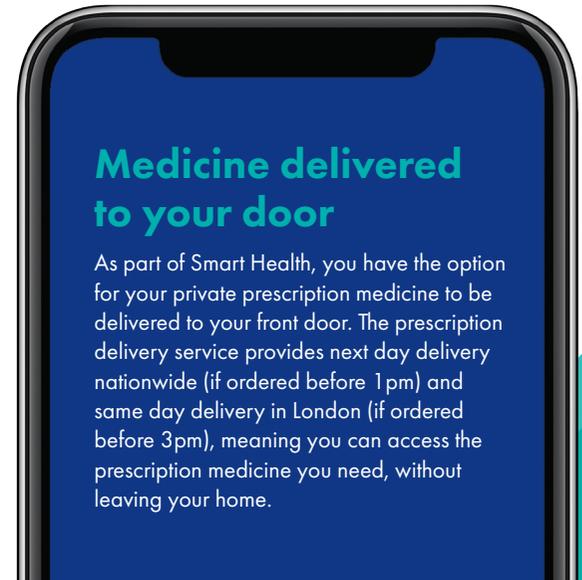


Wellbeing services

Alongside looking after your health, we're here to help you manage your wellbeing - whether your goal is to get fitter or change your diet.

Smart Health also includes access to:

- ✓ Nutrition plan
- ✓ Fitness programme
- ✓ Online health check



Medicine delivered to your door

As part of Smart Health, you have the option for your private prescription medicine to be delivered to your front door. The prescription delivery service provides next day delivery nationwide (if ordered before 1pm) and same day delivery in London (if ordered before 3pm), meaning you can access the prescription medicine you need, without leaving your home.

Download the app today

The app allows you access to a 24/7 GP on the go. It is available for iOS and Android – via the App Store or Google Play.

To get started

Open the app, create a profile and enter your details (you'll need your policy number – check your policy documents for this). You're now ready to start using the Smart Health app.

Before you can use certain elements of Smart Health for the first time you'll need to complete a secure, one-time ID check.

When you need to interact with GPs or other medical professionals whilst using the service, you'll be sent a simple, quick and easy process to follow – all in line with Care Quality Commission guidelines.

To find out more about Smart Health, visit aiglife-smarthealth.com or call 0345 600 6829



Smart Health is provided to AIG Life Limited customers by Teladoc Health. We want to let you know that these services are non-contractual, which means they don't form part of your insurance contract with us. If our partnership with Teladoc Health ends, the service can be withdrawn at any time without notice.

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You have unlimited access to the six Smart Health services. It is available 24 hours a day, 365 days a year at no additional cost.

All services are available to you and your immediate family, including your partner and any children up to the age of 21.

